Vocabulary practice

1 Choose the correct word.

1 Everyone knows that smoking is a cause of many illnesses / diabetes.

2 I help my elderly / healthy neighbour – I take him shopping on Fridays.

3 Some factors / diseases affect children more than adults.

4 Young people today don’t have a good lifestyle / diet, they eat too much fast food.

2 Complete the table with words from the text.

<table>
<thead>
<tr>
<th>noun</th>
<th>adjective</th>
<th>verb</th>
</tr>
</thead>
<tbody>
<tr>
<td>gene</td>
<td>1 ________</td>
<td>–</td>
</tr>
<tr>
<td>health</td>
<td>2 ________</td>
<td>–</td>
</tr>
<tr>
<td>ill</td>
<td>3 ________</td>
<td>–</td>
</tr>
<tr>
<td>investigation</td>
<td>–</td>
<td>4 ________</td>
</tr>
<tr>
<td>live</td>
<td>–</td>
<td>5 ________</td>
</tr>
<tr>
<td>lucky</td>
<td>6 ________</td>
<td>–</td>
</tr>
<tr>
<td>research</td>
<td>–</td>
<td>7 ________</td>
</tr>
<tr>
<td>protection</td>
<td>–</td>
<td>8 ________</td>
</tr>
</tbody>
</table>
3 Complete the sentences with words from the table in Exercise 2.

1. My grandparents are elderly but they are very _________ – they never go to the doctors.
2. I want to _________ until I’m at least 90 years old.
3. When I was a child, I had the typical _________, but now I’m never ill.
4. Good _________ with your exam tomorrow!
5. The university department does interesting _________ into the problems of old age.
6. Scientists think that diabetes has a _________ cause.

Grammar practice

4 Read the sentences from the article. Are they about a routine (R), a general fact (F), or something happening at the moment (M).

1. Scientists are studying genes that could mean long life for us all. _____
2. I eat a little bit of everything. _____
3. These people don’t grow very tall – just over one metre. _____
4. In Europe, women live longer than men. _____
5. But these days they are also looking at genetic factors. _____
6. I never smoke. _____

5 Write the correct form of the verb. The letter in brackets tells you if the sentence is about a routine (R), a general fact (F), or something happening at the moment (M).

1. I _________ to the doctor’s about once a year. go (R)
2. My brother _________ medicine because he can’t sleep. take (M)
3. In our family, we never _________ fast food. eat (R)
4. A lot of people _________ on the train or bus to work. study (F)
5. My grandparents _________ with us for a few weeks. live (M)
6. In most countries, more men than women _________ . smoke (F)