

Life

INTERMEDIATE

Wordlist

B1+

Mike Sayer

WORDLIST

Word class abbreviations

The following abbreviations are used in the word list: (n) = noun, (v) = verb, (adv) = adverb, (adj) = adjective and (phr v) = phrasal verb.

UNIT 1 COLOUR

PAGE 9

attend (v)
contrast (n)
gorgeous (adj)
outfit (n)
pale (adj)
peace (n)
peaceful (adj)
prayer (n)
scarf (n)
shade (n)
symbolise (v)
wear (v)

PAGES 10–11

badge (n)
decoration (n)
express (v)
eye-catching (adj)
face-paint (n)
hue (n)
individuality (n)
label (n)
message (n)
packaging (n)
pattern (n)
schoolboy (n)
select (v)
shelf (n)
sophistication (n)
uniform (n)

PAGES 12–13

anger (n)
associate (v)
cold (adj)
courage (n)
death (n)
funeral (n)
happiness (n)
jersey (n)
love (n)
luck (n)
mourn (v)
option (n)
passion (n)

prosperity (n)
sadness (n)
scout (n)
wisdom (n)

PAGES 14–15

anthropologist (n)
beak (n)
biologist (n)
chance (n)
contestant (n)
demonstrate (v)
dominance (n)
dominant (adj)
effect (n)
fitness (n)
freestyle (adj)
implication (n)
indicator (n)
mentor (n)
opponent (n)
primate (n)
primatologist (n)
regulation (n)
scared (adj)
significant (adj)
statistically (adv)
sufficient (adj)
tip (v)
unintentional (adj)
wrestling (n)

PAGES 16–17

agency (n)
appropriately (adv)
chain (n)
consultant (n)
courteous (adj)
impression (n)
interior (n)
introduce (v)
networking (n)
patient (n)
pleasure (n)
positive (adj)
professionalism (n)
punctual (adj)
redecorate (v)

reduce (v)
supplier (n)
therapy (n)
workplace (n)

PAGE 19

blanket (n)
cloth (n)
cooperative (n)
poncho (n)
self-sufficient (adj)
shawl (n)
textile (n)
thread (n)
weave (v)
weaver (v)
wool (n)
yarn (n)

UNIT 2 PERFORMANCE

PAGE 21

absolutely (adv)
amateur (n)
brilliant (adj)
choir (n)
curtain (n)
director (n)
explosion (n)
marvellous (adj)
musician (n)
standard (n)

PAGES 22–23

adore (v)
catchy (adj)
collaboration (n)
dazzling (adj)
energetic (adj)
example (n)
expert (n)
fusion (n)
impact (n)
lead (n)
melancholy (adj)
melodic (adj)
origin (n)
powerful (adj)
tuneless (adj)

PAGES 24–25

choreographer (n)
exhausted (adj)
horizon (n)
sorrow (n)

PAGES 26–27

accelerate (v)
acceptable (adj)
access (n)
addition (n)
citizen (n)
complicate (v)
compose (v)
conservative (adj)
diversity (n)
dynamic (adj)
educator (n)
eve (n)
extent (n)
fanatic (n)
globalisation (n)
isolated (adj)
performance (n)
politics (n)
resilient (adj)
resourceful (adj)
serve (v)
transformation (n)
unpredictable (adj)
value (n)

PAGES 28–29

achieve (v)
affect (v)
appeal (v)
critic (n)
depressing (adj)
disappointing (adj)
embarrassing (adj)
entertaining (adj)
enthusiastic (adj)
hilarious (adj)
host (n)
naturally (adv)
production (n)
terrific (adj)
thrilling (adj)
vibrant (adj)

PAGE 31

beat (n)
boundary (n)
bring together (v)
bunch (n)
drain (v)
drum (n)
drum (v)
drummer (n)
drumstick (n)
enemy (n)
essence (n)

fear (v)
mutual (adj)
pain (n)
pioneer (n)
spread (v)
style (n)
tired (adj)
unity (n)

UNIT 3 WATER

PAGE 33

agriculture (n)
developing (adj)
figure (n)
fresh (adj)
litre (n)
running (adv)
sink (n)
statistic (n)
tune in (phr v)
waterhole (n)
well (n)

PAGES 34–35

concentrate (v)
dive (v)
explore (v)
jet-ski (v)
kayak (n)
labyrinth (n)
marina (n)
paddle (v)
raft (n)
rapids (n)
reservoir (n)
row (v)
snorkel (v)
soak (v)
surf (v)
system (n)
water-ski (n)
windsurf (n)

PAGES 36–37

appropriate (adj)
bow (n)
dignity (n)
freak show (n)
maiden (adj)
memorial (n)
mission (n)
passenger (n)
salvage (n)
steamship (n)
submarine (n)

treat (v)
voyage (n)
wreck (n)

PAGES 38–39

attempt (n)
boxer (n)
bravado (n)
chaotic (adj)
cove (n)
fault (n)
fin (n)
gang (n)
grateful (adj)
guts (n)
mouthful (n)
regulate (v)
respect (n)
scramble (v)
soup (n)
swallow (v)
transform (v)
transparent (adj)
turquoise (adj)
vicious (adj)

PAGES 40–41

bay (n)
cage (n)
cargo (n)
entertain (v)
gear (n)
grab (v)
lid (n)
panic (v)
pour (v)
tank (n)
teacup (n)
unbelievable (adj)
unexpectedly (adv)

PAGE 43

advocate (n)
dam (n)
earthen (adj)
gallon (n)
industrial waste (n)
irrigate (v)
lifeless (adj)
pit (n)
porous (adj)
prosperous (adj)
relief (n)
replace (v)
rise (v)

riverbed (n)
shortage (n)
small-scale (adj)
smog (n)
source (n)
store (v)
supply (n)
tanker (n)

UNIT 4 OPPORTUNITIES

PAGE 45

brave (adj)
demanding (adj)
glamorous (adj)
responsible (adj)
rewarding (adj)
satisfying (adj)
secure (adj)

PAGES 46–47

cheerful (adj)
driven (adj)
entrepreneur (n)
extend (v)
giggle (v)
plot (n)
predict (v)
rumour (n)
technician (n)

PAGES 48–49

crisis (n)
discuss (v)
graduate (v)
literature (n)
nurse (n)
redundant (adj)
resit (v)
train (v)

PAGES 50–51

construction (n)
courageous (adj)
enchant (v)
expectation (n)
industrial (adj)
labourer (n)
literacy rate (n)
machinist (n)
materialistic (adj)
migrant (n)
migrate (v)
motivate (v)
reputation (n)

rural (adj)
spring up (phr v)
stock (v)
wage (n)

PAGES 52–53

conscientious (adj)
deadline (n)
essay (n)
hard-working (adj)
methodical (adj)
motivated (adj)
part-time (adj)
pressure (n)
self-confident (adj)

PAGE 55

attain (v)
be aware of (v)
be caught up in (v)
carry on (v)
conduct (n)
convince (v)
disciple (n)
dutiful (adj)
dynasty (n)
ethical (adj)
fundamental (adj)
govern (v)
harmony (n)
in decline (adv)
moral (adj)
move up (v)
numerous (adj)
perseverance (n)
philosopher (n)
principle (n)
prosper (v)
respectful (adj)
restore (v)
root (n)
ruler (n)
seek (v)
share (v)
virtue (n)
warlord (n)
wealth (n)

UNIT 5 TRAVEL

PAGE 57

carry (v)
delay (n)
essential (n)
luggage (n)

pointless (adj)
project (n)

PAGES 58–59

dense (adj)
exploit (v)
footwear (n)
penknife (n)
remove (v)
survey (v)
threaten (v)
trek (n)
untouched (adj)

PAGES 60–61

bump (v)
crowded (adj)
destination (n)
exotic (adj)
flock (v)
holidaymaker (n)
inspire (v)
instructor (n)
nightlife (n)
promote (v)
sky-diving (n)
surroundings (n)
tropical (adj)
twist (v)
unspoilt (adj)

PAGES 62–63

boom (n)
curious (adj)
damaging (adj)
decline (n)
downside (n)
dump (v)
experiment (v)
habitat (n)
harmful (adj)
long-haul (n)
low-cost (adj)
phenomenon (n)
unbroken (adj)
upwards (adv)
vital (adj)

PAGES 64–65

allowance (n)
arrange (v)
baggage (n)
boarding card (n)
customs (n)
delay (n)

disease (n)
glorious (adj)
hire (n)
infectious (adj)
poison (n)
spray (v)
travel sick (n)

PAGE 67

aim (n)
challenge (n)
desperate (adj)
document (v)
gem (n)
logging (n)
overwhelmed (adj)
record (n)
stepping stone (n)

UNIT 6 WELLBEING

PAGE 69

combination (n)
fat (n)
healthy (adj)
nutritional (adj)
nutritious (adj)
scale (n)
scheme (n)

PAGES 70–71

authentic (adj)
boil (v)
boycott (v)
connoisseur (n)
criteria (n)
crust (n)
elite (adj)
ferment (v)
generic (adj)
(be) granted (v)
guarantee (n)
motion (n)
pedigree (n)
peel (v)
raw (adj)
rival (n)
smell (n)
spiral (v)
status (n)
strict (adj)
taste (n)
virgin (adj)
warn (v)

PAGES 72–73

attitude (n)
chew (v)
craving (n)
drop (v)
imaginary (adj)
mental (adj)
obesity (n)
overweight (adj)
rate (n)
ridiculous (adj)
self-belief (n)
strategy (n)
willpower (n)

PAGES 74–75

adequate (adj)
alert (adj)
alter (v)
blood pressure (n)
consumption (n)
conventional (adj)
counteract (v)
daylight (n)
dual (adj)
fatigue (n)
fuel (v)
override (v)
psychoactive (adj)
reaction (n)
relieve (v)
schedule (n)
solemn (adj)
symptom (n)
traces (n)
warning (n)
widespread (adj)

PAGES 76–77

bland (adj)
dish (n)
fry (v)
order (n)
savoury (adj)
spicy (adj)

PAGE 79

concern (v)
control (n)
cute (adj)
cyanide (n)
delicious (adj)
diner (n)
fool (v)
gill (n)

licence (n)
major (adj)
paralyse (v)
poison (v)
preparation (n)
puffer fish (n)
regulations (n)
respirator (n)
sake (n)
toxin (n)
wear off (v)
wisely (adv)

UNIT 7 LIVING SPACE

PAGE 81

cramped (adj)
flatmate (n)
housework (n)
noisy (adj)

PAGES 82–83

architect (n)
attic (n)
balcony (n)
basement (n)
block (n)
central heating (n)
chimney (n)
cool (n)
dirty (adj)
double glazing (n)
elements (n)
fireplace (n)
full-time (adj)
function (n)
garden (n)
glare (v)
permanent (adj)
rent (v)
repair (n)
shelter (n)
spare time (n)
stilt (n)
terrace (n)
veranda (n)

PAGES 84–85

built-up (adj)
diverse (adj)
dominate (v)
financial (adj)
marsh (n)
pristine (adj)
resident (n)
run-down (n)

skyscraper (n)
symbolic (adj)
troop (n)

PAGES 86–87

ancestral (adj)
bench (n)
descendant (n)
dreamy (adj)
firewood (n)
fountain (n)
graceful (adj)
ignore (v)
improvise (v)
maid (n)
manner (n)
oppose (v)
persuade (v)
profit (n)
reforestation (n)
reincarnation (n)
rhyme (n)
roadside (n)
rule (v)
troubadour (n)
twinkle (v)

PAGES 88–89

anonymous (adj)
charm (n)
dwell (v)
lift (n)
nightmare (n)
perfect (adj)
picturesque (adj)
privacy (n)
unfriendly (adj)

PAGE 91

bind (v)
fairness (n)
fit into (v)
grow up (v)
immigrant (n)
integrate (v)
involvement (n)
jumping (adj)
mural (n)
parish (n)
perform (v)
raise (v)
reflect (v)

UNIT 8 WEIRD NEWS

PAGE 93

coincidence (n)
digital (adj)
flock (n)
genuine (adj)
trick (n)
weird (adj)

PAGES 94–95

ability (n)
ant (n)
beetle (n)
butterfly (n)
collide (v)
dissolve (v)
insect (n)
instinctive (adj)
logical (adj)
man-made (adj)
navigation (n)
neon (adj)
nitrogen (n)
particle (n)
predator (n)
pretend (v)
project (v)
recognise (v)
religious (adj)
shiny (adj)
significance (n)
speculate (v)
spike (n)
stem (n)
unfortunate (adj)
vivid (adj)

PAGES 96–97

astonishing (adj)
astronomical (adj)
belief (n)
ceremonial (adj)
emerge (v)
geometric (adj)
mysterious (adj)
prehistoric (adj)
puzzle (v)
suddenly (adv)

PAGES 98–99

assumption (n)
aviation (n)
contact (n)
correspondence (n)

discriminate (v)
equator (n)
examine (v)
fate (n)
fragment (n)
genetic (adj)
genome (n)
indicate (v)
investigate (v)
longstanding (adj)
mystery (n)
navigator (n)
partial (adj)
profile (n)
saliva (n)
sample (n)
solo (adj)
subsequently (adv)
theory (n)
uninhabit (adj)
verify (v)

PAGES 100–101

accidentally (adv)
apparently (adv)
detect (v)
fibre-optic (n)
forge (v)
suppose (v)
suspicion (n)
temporarily (adv)
trap (v)
twiddle (v)
unfortunately (adv)

PAGE 103

adaptable (adj)
bother (v)
canopy (n)
costly (adj)
entomologist (n)
force out (v)
hive (n)
interact (v)
invade (v)
ironic (adj)
outlandish (adj)
pollinate (v)
preserve (n)
proceed (v)
repeatedly (adv)
reproduce (v)
sting (v)
suck (v)
swarm (n)
take over (v)

vast (adj)
violate (v)

UNIT 9 TRADE

PAGE 105

anniversary (n)
earring (n)
gadget (n)
jewellery (n)
shopping (n)

PAGES 106–107

banking (n)
bill (n)
credit (n)
expand (v)
fare (n)
fortune (n)
innovation (n)
interactive (adj)
manage (v)
menu (n)
mortgage (n)
saving (n)
transfer (v)
upgrade (n)

PAGES 108–109

auction (n)
charity (n)
clog (n)
craft (n)
donate (v)
feature (v)
grip (n)
map (n)
mine (v)
mineral (n)
nominate (v)
original (adj)
pesticide (n)
specification (n)
sustainable (adj)
translate (v)
tyre (n)
view (v)

PAGES 110–111

alley (n)
bargain (n)
blink (v)
blossom (n)
bustling (adj)
chat (v)

chest (n)
corner (n)
date (n)
deal (n)
decorative (adj)
dye (n)
fabric (n)
fig (n)
lethal (adj)
merchant (n)
mint (n)
negotiate (v)
ornate (adj)
pronounce (v)
scent (n)
stroll (v)
sword (n)
tear (n)
treasure (n)
tutorial (n)
vendor (n)
workshop (n)

PAGES 112–113

delicate (adj)
delivery (n)
exchange (v)
floral (adj)
gift-wrap (n)
mark (n)
pile (n)
reference (n)
return (v)
rug (n)
rustic (adj)
sale (n)
sofa (n)
till (n)

PAGE 115

bargain (v)
cheat (v)
craftsman (n)
haggle (v)
intention (n)
pressure (v)
shopper (n)
watch out (v)

UNIT 10 NO LIMITS!

PAGE 117

backpack (n)
dune (n)
key (adj)
limit (n)

PAGES 118–119

amputate (v)
bionic (adj)
biotechnology (n)
blind (adj)
burn (v)
confident (adj)
deaf (adj)
documentary (n)
fact (n)
fiction (n)
futuristic (adj)
kidney (n)
limb (n)
organ (n)
regeneration (n)
specialise (v)
transplant (n)
treatment (n)

PAGES 120–121

algae (n)
dome (n)
emit (v)
expansion (n)
frozen (adj)
horrify (v)
limitless (adj)
microbe (n)
mirror (n)
modify (v)
module (n)
revolution (n)
rocky (adj)
rotation (n)
soil (n)

PAGES 122–123

barefoot (adj)
board (v)
by-product (n)
crack (n)
epilepsy (n)
flee (v)
hostile (adj)
infest (v)
rebel (n)
refugee camp (n)
shoot (v)
short-term (adj)
soak (v)
struggle (v)
suffer (v)
surgery (n)
territory (n)
threat (n)

tough (adj)
tundra (n)

PAGES 124–125

antihistamine (n)
bleed (v)
blood (n)
cream (n)
cut (n)
deep (adj)
itchy (adj)
paradise (n)
plaster (n)
sprain (n)
stitch (n)
swollen (adj)
trip (v)
tube (n)
wasp (n)

PAGE 127

adapt (v)
altitude (n)
attribute (v)
biological (adj)
breath (n)
breathe (v)
cause (v)
complex (adj)
enable (v)
evolution (n)
haemoglobin (n)
hypoxia (n)
intense (adj)
lungs (n)
needle (n)
obtain (v)
proof (n)
prospect (n)
rapidly (adv)

UNIT 11 CONNECTIONS

PAGE 129

analysis (n)
bookmark (v)
celebrity (n)
column (n)
direct (adv)
follow (v)
gossip (n)
headline (n)
interview (n)
misquote (v)
regularly (adv)
section (n)

stereotype (n)
topic (n)

PAGES 130–131

coincide (v)
contractor (n)
footage (n)
hit (n)
provoke (v)
unseen (adj)
viral (n)

PAGES 132–133

broadband (adj)
ebook (n)
eclipse (n)
employee (n)
telescope (n)
texting (n)
tweet (v)
wifi (n)

PAGES 134–135

connect (v)
crucial (adj)
entire (adj)
multiple (adj)
petition (n)
signature (n)
tragedy (n)

PAGES 136–137

agenda (n)
associate (n)
concern (v)
tone (n)
visible (adj)

PAGE 139

draw out (v)
fabulous (adj)
goal (n)
hardship (v)
internally (adv)
overcome (v)
relate to (v)
remark (v)
remote (adj)
remove (adj)
scary (adj)
struggle (n)
support (n)
undertake (v)
unparalleled (adj)

UNIT 12 EXPERTS

PAGE 141

clever (adj)
fishing (n)
tight (adj)

PAGES 142–143

camp (n)
deserted (adj)
dried (adj)
eye-opener (n)
flatten (v)
hammock (n)
inadequate (adj)
inappropriate (adj)
machete (n)
mosquito (n)
mummy (n)
silence (n)
tracker (n)
trumpet (v)
tusk (n)

PAGES 144–145

canvas (n)
failure (n)
foolish (adj)
frostbite (n)
haul (v)
insulation (n)
lavish (adj)
scurvy (n)
starvation (n)

PAGES 146–147

action (n)
archery (n)
armour (n)
blame (v)
chivalrous (adj)
code (n)
combat (n)
conscript (n)
defeat (v)
elite (n)
gladiator (n)
honour (n)
imperial (adj)
intellectual (n)
knight (n)
legacy (n)
loyalty (n)
manual (n)
martial art (n)

meditation (n)
playwright (n)
realistic (adj)
ritualised (adj)
romanticise (v)
savage (adj)

PAGES 148–149

apologise (v)
clumsy (adj)
expression (n)
key (adj)
slip (v)
slippery (adj)
unreliable (adj)

PAGE 151

aquarium (n)
camouflage (v)
crab (n)
dismiss (v)
extraordinary (adj)
fearless (adj)
fierce (adj)
humble (adj)
pack (n)
school (n)
spine (n)
sucker (n)
welfare (n)