

Life

PRE-INTERMEDIATE

Wordlist

B1

Mike Sayer

WORDLIST

Word class abbreviations

The following abbreviations are used in the word list: (n) = noun, (v) = verb, (adv) = adverb, (adj) = adjective and (phr v) = phrasal verb.

UNIT 1 HEALTH

PAGE 9

ballroom dancing (n)
countryside (n)
crossword (n)
health (n)
marathon (n)
married (adj)
mental health (n)
movement (n)
physical (adj)

PAGES 10–11

amount (n)
bedtime (n)
birth (n)
board game (n)
busy (adj)
elderly (adj)
extra (adj)
fall asleep (v)
fewer (adj)
find out (v)
gardening (n)
hardly ever (adv)
middle (n)
misunderstand (v)
mood (n)
novel (n)
public transport (n)
quiz (n)
rarely (adv)
recommended (adj)
regular (adj)
relax (v)
routine (n)
scientist (n)
society (n)
stay up (v)
stressed (adj)
sunset (n)
take a nap (v)
teenager (n)

PAGES 12–13

active (adj)
authority (n)
centenarian (n)

cooking (n)
culture (n)
currently (adv)
die (v)
diet (n)
exactly (adv)
explanation (n)
explorer (n)
generation (n)
hiking (n)
idea (n)
interesting (adj)
journalist (n)
lead (v)
lifestyle (n)
rare (adj)
region (n)
research (n)
responsibility (n)
scientific (adj)
spend (v)
stress (n)
study (n)
traditional (adj)
yoga (n)

PAGES 14–15

area (n)
available (adj)
comment (n)
decide (v)
earn (v)
economy (n)
equal (v)
gross (adj)
inspiration (n)
level (n)
measure (n)
medicine (n)
nowadays (adv)
physical (v)
researcher (n)
result (n)
survey (n)
tourist (n)
useful (adj)

PAGES 16–17

ache (v)

advice (n)
caffeine (n)
cough (v)
earache (n)
herbal (adj)
honey (n)
normal (adj)
painful (adj)
pill (n)
runny (adj)
sore (adj)
temperature (n)
terrible (adj)
throat (n)
tissue (n)
trip (n)

PAGE 19

atmosphere (n)
beautiful (adj)
calm (adj)
die out (v)
famous (adj)
international (adj)
landscape (n)
league (n)
mayor (n)
mushroom (n)
population (n)
relaxed (adj)
vineyard (n)
worldwide (adv)

UNIT 2 COMPETITIONS

PAGE 21

annual (adj)
championship (n)
compete (v)
competing (adj)
competitor (n)
contest (n)
race (n)
spectator (n)
total (adj)
triathlon (n)
ultimate (adj)

PAGES 22–23

back (n)
boring (adj)
club (n)
coach (n)
competition (n)
court (n)
especially (adv)
exercise (n)

goggles (n)
improve (v)
lose (v)
net (n)
opportunity (n)
pitch (n)
player (n)
pool (n)
prefer (v)
professional (n)
quiet (adj)
racquet (n)
ring (n)
track (n)

PAGES 24–25

beat (v)
blog (n)
combine harvester (n)
crazy (adj)
decorate (v)
enter (v)
experience (n)
farm (n)
farmers (n)
festival (n)
final (n)
giant (adj)
machine (n)
member (n)
mud (n)
prize (n)
referee (n)
route (n)
rule (n)
shopping cart (n)
string (n)
touch (n)
winner (n)
worm (n)

PAGES 26–27

announcer (n)
applaud (v)
audience (n)
baddie (n)
become (v)
cheer (v)
complain (v)
costume (n)
crowd (n)
dangerous (adj)
distraction (n)
drama (n)
entertainment (n)
escape (v)
excitement (n)

explain (v)
fan (n)
goodie (n)
impatient (adj)
incredibly (adv)
mask (n)
microphone (n)
mixture (n)
popular (adj)
rope (n)
salary (n)
scream (v)
spin (v)
throw (v)
tradition (n)
wave (v)
wrestler (n)

PAGES 28–29

actor (n)
actress (n)
advert (n)
comedy (n)
creative (adj)
download (v)
enthusiasm (n)
fit (adj)
group (n)
important (adj)
join (v)
joke (v)
membership (n)
musical (n)
performer (n)
photography (n)
speaker (n)
talent (n)
theatre (n)

PAGE 31

accident (n)
balance (n)
bottom (n)
crash barrier (n)
fail (v)
fame (n)
ground (n)
injured (adj)
pub (n)
push (v)
protect (v)
slope (n)
steep (adj)
top (n)
wheel (n)
wild (adv)

UNIT 3 TRANSPORT

PAGE 33

carriage (n)
ride (v)
space (n)
ticket (n)
travel (v)

PAGES 34–35

avoid (v)
battery (n)
charge (v)
commute (n)
device (n)
efficient (adj)
electric (adj)
expensive (adj)
future (n)
pedestrians (n)
petrol (n)
pollution (n)
rush hour (n)
speed limit (n)
station (n)
traffic jam (n)
voltage (n)
worse (adj)

PAGES 36–37

arrive (v)
comfortable (adj)
common (adj)
criticise (v)
cruel (adj)
damage (v)
domestic (adj)
environment (n)
faraway (adj)
forest (n)
freeze (v)
guest (n)
husky (n)
importance (n)
impossible (adj)
leisure (n)
logger (n)
modern (adj)
native (adj)
occasion (n)
sledge (n)
snowmobile (n)
soldier (n)
special (adj)
strong (adj)
trail (n)
transport (v)

war (n)
wedding (n)
wilderness (n)

PAGES 38–39

activity (n)
advantage (n)
alternative (n)
ban (v)
blow (v)
break (n)
catch (v)
drop off (v)
flood (n)
fumes (n)
get off (phr v)
get on (phr v)
go by (v)
horn (n)
humanitarian (adj)
income (n)
miss (v)
monsoon (n)
official (n)
period (n)
pick up (phr v)
politician (n)
purchase (n)
qualification (n)
rainfall (n)
rickshaw (n)
scooter (n)
season (n)
symbol (n)
underground (n)
unload (v)

PAGES 40–41

aisle (n)
book (v)
carry on (adj)
cash (n)
change (n)
cheque (n)
credit card (n)
entrance (n)
first class (n)
online (adj)
passport (n)
platform (n)
receipt (n)
return (n)
road works (n)
seat (n)
second class (n)
single (n)
story (n)

terminal (n)
wait (v)

PAGE 43

adventure (n)
amazing (adj)
approximately (adv)
background (n)
class (n)
condition (n)
cultural (adj)
employer (n)
enormous (adj)
huge (adj)
impressive (adj)
inch (n)
miniature (n)
minister (n)
pass (v)
performance artist (n)
porter (n)
railway (n)
rural (adj)
staff (n)
steam (n)
stressful (adj)
terminus (n)
villager (n)
workforce (n)

UNIT 4 ADVENTURE

PAGE 45

achievement (n)
bank (n)
cave (n)
caving (n)
challenge (v)
climb (v)
colleague (n)
gigantic (adj)
hole (n)
incredible (adj)
physically (adv)
risk (n)
state (n)
waterfall (n)

PAGES 46–47

abroad (adv)
adventurer (n)
ambition (n)
architecture (n)
engineering (n)
magazine (n)
minefield (n)
mountaineer (n)

mountainous (adj)
nine-to-five (adj)
photographer (n)
reader (n)
road trip (n)
subject (n)
university (n)
vote (v)

PAGES 48–49

ambitious (adj)
attack (n)
captain (n)
careful (adj)
decisive (adj)
determined (adj)
engine (n)
experienced (adj)
expert (n)
fire (n)
intelligent (adj)
knowledge (n)
patient (adj)
pregnant (adj)
presenter (n)
psychology (n)
quality (n)
radio (v)
realise (v)
recent (adj)
reliable (adj)
save (v)
seat belt (n)
shark (n)
similar (adj)
sink (v)
situation (n)
skill (n)
survival (n)
take off (phr v)
wing (n)

PAGES 50–51

abseil (v)
base camp (n)
choice (n)
cliff (n)
crawl (v)
crevasse (n)
defend (v)
disaster (n)
edge (n)
glacier (n)
heavy (adj)
knee (n)
lake (n)
lower (v)

mid-air (n)
ridge (n)
search (v)
shout (v)
summit (n)
tent (n)

PAGES 52–53

break down (n)
camping (n)
campsite (n)
dark (adj)
dehydrated (adj)
disappear (v)
garage (n)
location (n)
lost (adj)
mechanic (n)
rescue (v)
sudden (adj)
sunburned (adj)
unexpected (adj)

PAGE 55

certain (adj)
climber (n)
cloud (n)
crampons (n)
doubtful (adj)
factor in (phr v)
fine (adj)
fog (n)
glacial (adj)
guide (n)
heart (n)
heel (n)
hike (n)
ornery (adj)
pilot (n)
ski (v)
stable (adj)
tool (n)
unsafe (adj)
weather (n)
wonderful (adj)

UNIT 5 THE ENVIRONMENT

PAGE 57

appliance (n)
cardboard (n)
cooker (n)
hair (n)
household (n)
leather (n)
metal (n)
object (n)

plastic (n)
recycle (v)
reuse (v)
scissors (n)
sculpture (n)
tin (n)
washing machine (n)
wood (n)

PAGES 58–59

aluminium foil (n)
angry (adj)
bottle (n)
caller (n)
carton (n)
cereal (n)
chemical (n)
coffee (n)
copper (n)
eco-friendly (adj)
eggshell (n)
electronic (adj)
envelope (n)
equipment (n)
export (v)
fuel (n)
gold (n)
jar (n)
manufacturer (v)
market (n)
melt (v)
newspaper (n)
peel (n)
printer (n)
resell (v)
rubbish (n)
seller (n)
separate (v)
toxic (adj)
yoghurt (n)

PAGES 60–61

category (n)
consumer (n)
gas (n)
housing (n)
insurance (n)

PAGES 62–63

average (n)
crew (n)
energy (n)
environmentalist (n)
fight (n)
garbage (n)
knot (n)

patch (n)
power (n)
reclaim (v)
renewable (adj)
solar (adj)
storm (n)
toothbrush (n)
weight (n)
width (n)
yacht (n)

PAGES 64–65

account (n)
cancel (v)
checkout (n)
circuit board (n)
confirmation (n)
customer (n)
hold (v)
product (n)
quantity (n)
refund (v)
stock (n)
vintage (adj)

PAGE 67

cigarette (n)
clean-up (n)
coast (n)
collect (v)
disgusting (adj)
downstream (adv)
effort (n)
litter (v)
progress (n)
rip (v)
shocked (adj)
trash (n)
volunteer (n)

UNIT 6 STAGES IN LIFE

PAGE 69

childhood (n)
monster (n)
old-age (n)
represent (v)
sphinx (n)
walking stick (n)

PAGES 70–71

adolescent (n)
afford (v)
campervan (n)
career (n)
container (n)

decision (n)
dream (n)
freedom (n)
infant (n)
intend (v)
middle aged (adj)
pensioner (n)
place (n)
stage (n)
successful (adj)
work experience (n)

PAGES 72–73

band (n)
canal (n)
candle (n)
celebrate (v)
community (n)
concert (n)
event (n)
firework (n)
float (n)
jazz (n)
neighbourhood (n)
parade (n)
party (n)
steel drum (n)
stew (n)
visitor (n)

PAGES 74–75

appearance (n)
border (n)
cattle (n)
ceremony (n)
elder (n)
marry (v)
national (adj)
nomadic (adj)
religious (adj)
rite (n)
ritual (n)
sacred (adj)
senior (adj)
sunrise (n)
tribe (n)
warrior (n)

PAGES 76–77

barbecue (n)
bridge (n)
celebration (n)
colourful (adj)
dinner (n)
dull (adj)
formal (adj)

geographic (adj)
groom (n)
massive (adj)
miserable (adj)
politely (adv)
reception (n)
relative (n)
sightseeing (n)
speech (n)

PAGE 79

belong (v)
century (n)
communicate (v)
creativity (n)
influence (n)
instrument (n)
invent (v)
island (n)
lively (adj)
oil drum (n)
rhythm (n)
share (n)
sound (n)
steelband (n)
tune (v)

UNIT 7 WORK

PAGE 81

crime (n)
emotion (n)
feeling (n)
police officer (n)
serious (adj)
service (n)
traffic (n)
triplet (n)
twin (n)

PAGES 82–83

advertisement (n)
bookshelf (n)
company (n)
concrete (n)
exhibition (n)
filing cabinet (n)
gallery (n)
image (n)
notice board (n)
ordinary (adj)
photocopier (n)
radiation (n)
safety (n)
size (n)
strange (adj)
studio (n)

surprising (adj)
swivel chair (n)
thick (adj)
type (n)
water cooler (n)
well-equipped (adj)

PAGES 84–85

change (v)
college (n)
compare (v)
contract (n)
discover (v)
friendly (adj)
natural (adj)
opinion (n)
qualify (v)
sell (v)
supply (v)
understand (v)
worry (v)

PAGES 86–87

accountant (n)
acre (n)
classic (adj)
define (v)
freezing (adj)
independence (n)
industry (n)
moustache (n)
plain (n)
promotion (n)
ranch (n)
real (adj)
romance (n)
romantic (adj)
teamwork (n)
technology (n)
training (n)

PAGES 88–89

application (n)
apply (v)
assistant (n)
bookshop (n)
branch (n)
current (adj)
CV (n)
description (n)
develop (v)
flexible (adj)
independent (adj)
position (n)
solve (v)
strength (n)

PAGE 91

administrator (n)
burnt (adj)
butler (n)
certificate (n)
champagne (n)
deal with (v)
fetch (v)
graduation (n)
improvement (n)
ink (n)
iron (v)
make it (v)
offer (v)
palace (n)
pipe (n)
secret (n)
servant (n)
tobacco (n)
unusual (adj)
unwelcome (adj)

UNIT 8 TECHNOLOGY

PAGE 93

experiment (n)
instruction (n)
manufacturing (n)
mathematical (adj)
mistake (n)
repetitive (adj)
solution (n)

PAGES 94–95

eyesight (n)
glasses (n)
invention (n)
inventor (n)
lens (n)
optician (n)
organisation (n)
pump (n)
silicone (n)

PAGES 96–97

canoe (n)
communication (n)
expedition (n)
hair dryer (n)
helicopter (n)
laptop (n)
matches (n)
network (n)
packet (n)
publish (v)
satellite (n)

site (n)
social (adj)
subscribe (v)
sun cream (n)
sunglasses (n)
torch (n)
towel (n)
umbrella (n)
upload (v)
volcano (n)
waterproof (adj)
zone (n)

PAGES 98–99

affordable (adj)
bur (n)
ceiling (n)
conclusion (n)
copy (v)
design (n)
designer (n)
effectively (adv)
engineer (n)
flipper (n)
nature (n)
quickly (adv)
science (n)
shape (n)
stick (v)
surface (n)
turbine (n)
upside down (adv)
zip (n)

PAGES 100–101

boot (n)
bulb (n)
button (n)
disadvantage (n)
distance (n)
effective (adj)
emergency (n)
fantastic (adj)
flash (n)
plug in (phr v)
press (v)
recharge (v)
switch on (phr v)

PAGE 103

blade (n)
carbon dioxide (n)
clear (adj)
coal (n)
construct (v)
crop (n)

district (n)
encourage (v)
ensure (v)
flat (adj)
force (n)
fossil fuel (n)
foundation (n)
grid (n)
occur (v)
pay off (v)
physics (n)
pocket (n)
produce (v)
rod (n)
silo (n)
steel (n)
sulphur dioxide (n)
tornado (n)
withstand (v)

UNIT 9 LANGUAGE AND LEARNING

PAGE 105

borrow (v)
homophone (n)
meaning (n)
practise (v)
sense (n)
variety (n)

PAGES 106–107

acquire (v)
brand (n)
course (n)
degree (n)
demonstration (n)
discipline (n)
enrol (v)
interest (n)
kickboxer (n)
military (n)
punch (v)
repeat (v)
retire (v)
row (n)
socialise (v)
temple (n)
timetable (n)
tutor (n)
uniform (n)
well-known (adj)

PAGES 108–109

bone (n)
clay (n)
create (v)
form (n)

identity (n)
keyboard (n)
press (n)
pyramid (n)
typewriter (n)
valley (n)

PAGES 110–111

ancient (adj)
boarding school (n)
endure (v)
linguist (n)
record (v)
reservation (n)

PAGES 112–113

accessibility (n)
calligraphy (n)
conversation (n)
deposit (n)
enrolment (n)
material (n)
payment (n)
presentation (n)
reserve (v)
slide (n)
technique (n)
term (n)
trainer (n)

PAGE 115

abandon (v)
annoy (v)
awareness (n)
basic (adj)
enduring (adj)
expect (v)
extinct (adj)
global (adj)
hassle (v)
institute (n)
kit (n)
loss (n)
neglect (v)
remote (adj)
school (v)
shift (n)
survive (v)

UNIT 10 TRAVEL AND HOLIDAYS

PAGE 117

advance (n)
beauty (n)
diving (n)
exploration (n)

hobby (n)
item (n)
luxury (adj)
resort (n)
sleeping bag (n)
snake (n)
underwater (adj)
unknown (n)

PAGES 118–119

bar (n)
brochure (n)
coin (n)
cruise (n)
fix (v)
fortunately (adv)
furious (adj)
immediate (adj)
luxurious (adj)
museum (n)
receptionist (n)
shower (n)
song (n)
steal (v)
tip (n)
view (n)

PAGES 120–121

athlete (n)
birthplace (n)
civilisation (n)
combine (v)
couple (n)
fascinating (adj)
interaction (n)
itinerary (n)
legendary (adj)
lifetime (n)
listener (n)
package (n)
range (n)
requirement (n)
spectacular (adj)
stunning (adj)
talk (n)
tour (n)
traveller (n)
unforgettable (adj)
unique (adj)

PAGES 122–123

avenue (n)
catacombs (n)
cellar (n)
cemetery (n)
clean (adj)

collapse (v)
dig (v)
free (adj)
fresh (adj)
historian (n)
illegal (adj)
myth (n)
nightclub (n)
novelist (n)
pond (n)
sewer (n)
silent (adj)
skeleton (n)
subway (n)
tunnel (n)
unofficial (adj)

PAGES 124–125

afraid (adj)
enclosed (adj)
nervous (adj)
participant (n)
queue (n)
step (n)

PAGE 127

early (adj)
gift (n)
increase (v)
joy (n)
light (n)
living (n)
outdoor (adj)
property (n)
square (n)
trader (n)

UNIT 11 HISTORY

PAGE 129

base (n)
capsule (n)
connection (n)
drawing (n)
hut (n)
possession (n)
team (n)

PAGES 130–131

archaeologist (n)
business (n)
collar (n)
corn (n)
discovery (n)
excavate (v)
hunting (n)
precious (adj)

sacrifice (n)
statue (n)

PAGES 132–133

astronaut (n)
businessman (n)
co-operate (v)
decade (n)
floating (adj)
launch (v)
leader (n)
mission (n)
moon (n)
nuclear (adj)
orbit (n)
turn (v)

PAGES 134–135

academic (adj)
article (n)
awful (adj)
binoculars (n)
capture (v)
deforestation (n)
escort (n)
fled (v)
foreigner (n)
government (n)
journal (n)
laboratory (n)
medical (adj)
notice (v)
orphan (n)
protest (v)
rebel (n)
reveal (v)
sanctuary (n)
shore (n)
trade (n)
violent (adj)

PAGES 136–137

legend (n)
magical (adj)
oxygen (n)
sum up (phr v)

PAGE 139

attraction (n)
conservationist (n)
exist (v)
expose (v)
magnetic (adj)
ruins (n)
run out (v)
stall (n)

UNIT 12 NATURE

PAGE 141

hide (v)
toad (n)

PAGES 142–143

biodiversity (n)
coral reef (n)
cube (n)
cubic (adj)
ecosystem (n)
frame (n)
multi-coloured (adj)
organism (n)
series (n)

PAGES 144–145

climate (n)
current (n)
data (n)
destroy (v)
hurricane (n)
lightning (n)
probe (n)
snow storm (n)
thunderstorm (n)

PAGES 146–147

benefit (n)
capital (n)
coastline (n)
cover (v)
dilemma (n)
dramatically (adv)
drill (v)
iceberg (n)
import (n)
potential (n)
sheet (n)
shrink (v)
utilise (v)

PAGES 148–149

advertise (v)
agreement (n)
announce (v)
attract (v)
conservation (n)
council (n)
delight (n)
inform (v)
point (n)
proud (adj)
species (n)
sponsorship (n)

PAGE 151

aid (n)
demand (v)
endanger (n)
grind (v)
handle (v)
illegally (adv)
poacher (n)
powder (n)
processed (n)
protection (n)
release (v)
sponsor (v)
support (v)
the wild (n)
victim (n)