

Unit 1

Unit 1 Extra practice: Key

- 1** be late / stressed
do exercise / gardening / homework
go cycling / hiking / shopping
play football / the piano / tennis

- 2** Words to be circled:

ALWAYS – NEVER – OFTEN – RARELY –
SOMETIMES – USUALLY

- 3** 2 watch
3 sleep
4 dance
5 work
6 read
7 drink
8 swim

- 4** 2 transport
3 walk
4 asleep
5 games
6 bed
7 exercise
8 emails
9 hours

- 5** 2 well
3 runny
4 sore
5 tissues
6 lemon
7 ill

Unit 1 Revision: Key

- 1** 2 sometimes teaches
3 isn't often
4 often do you visit
5 are always
6 doesn't want

- 2** 2 I usually go to the gym on Saturday.
3 Mr Grisham rarely leaves the office before seven.
4 We are sometimes too tired to watch TV in the evenings.
5 How often do you take your cat to the vet?
6 My friends always get annoyed when they see me eating junk food.

- 3** 2 do you think
3 I'm often
4 are changing
5 do teenagers sleep
6 We're waiting

- 4** 2 I want
3 ✓
4 usually rides his bike
5 ✓
6 is staying

- 5** 2 are having
3 am using
4 Do you want
5 Does your neighbour grow
6 take

- 6** 2 b
3 b
4 a
5 b
6 a

Unit 1 Extension: Key

- 1** 1 Because she's been working too much.
2 She should read a book or go for a long walk.
3 She should eat lots of fruit and fresh vegetables.
4 Because she doesn't have time to do much exercise.
5 She could get a bicycle and cycle to work, or she could join a local gym.

- 2** Paragraph 2:
advice : read a book, go for a long walk
Paragraph 3:
problem: sore throat, bad cough
advice: see a doctor, eat healthier food (lots of fruit and vegetables)
Paragraph 4:
problem: not very fit
advice: get a bicycle and cycle to work, join a local gym

- 3** 1 a friend
2 giving one or two pieces of advice for the problems in the friend's email
3 Boxes to be ticked (answers may vary):
go for a bicycle ride
do yoga
visit the doctor
eat healthy food
play football
4 c

- 4** Students' own answers

Teacher's checklist

- Is the student's writing in paragraphs?
- Has the student written appropriate opening and closing paragraphs?
- Do the main body paragraphs address the problems and give appropriate advice?