Unit 1 Extra practice: Key

1 be late / stressed
   do exercise / gardening / homework
   go cycling / hiking / shopping
   play football / the piano / tennis

2 Words to be circled:
   ALWAYS – NEVER – OFTEN – RARELY –
   SOMETIMES – USUALLY

3 2 watch
   3 sleep
   4 dance
   5 work
   6 read
   7 drink
   8 swim

4 2 transport
   3 walk
   4 asleep
   5 games
   6 bed
   7 exercise
   8 emails
   9 hours

5 2 well
   3 runny
   4 sore
   5 tissues
   6 lemon
   7 ill

Unit 1 Revision: Key

1 2 sometimes teaches
   3 isn’t often
   4 often do you visit
   5 are always
   6 doesn’t want

2 2 I usually go to the gym on Saturday.
   3 Mr Grisham rarely leaves the office before seven.
   4 We are sometimes too tired to watch TV in the evenings.
   5 How often do you take your cat to the vet?
   6 My friends always get annoyed when they see me eating junk food.

3 2 do you think
   3 I’m often
   4 are changing
   5 do teenagers sleep
   6 We’re waiting

4 2 I want
   3 ✓
   4 usually rides his bike
   5 ✓
   6 is staying

5 2 are having
   3 am using
   4 Do you want
   5 Does your neighbour grow
   6 take

6 2 b
   3 b
   4 a
   5 b
   6 a

Unit 1 Extension: Key

1 1 Because she’s been working too much.
   2 She should read a book or go for a long walk.
   3 She should eat lots of fruit and fresh vegetables.
   4 Because she doesn’t have time to do much exercise.
   5 She could get a bicycle and cycle to work, or she could join a local gym.

2 Paragraph 2:
   advice : read a book, go for a long walk
Paragraph 3:
   problem: sore throat, bad cough
   advice: see a doctor, eat healthier food (lots of fruit and vegetables)
Paragraph 4:
   problem: not very fit
   advice: get a bicycle and cycle to work, join a local gym

3 a friend
   2 giving one or two pieces of advice for the problems in the friend’s email
   3 Boxes to be ticked (answers may vary):
      go for a bicycle ride
      do yoga
      visit the doctor
      eat healthy food
      play football
   4 c

4 Students’ own answers

Teacher’s checklist
   • Is the student’s writing in paragraphs?
   • Has the student written appropriate opening and closing paragraphs?
   • Do the main body paragraphs address the problems and give appropriate advice?