

Vocabulary practice

1 Choose the correct word.

- 1 Everyone knows that smoking is a cause of many *illnesses* / *diabetes*.
- 2 I help my *elderly* / *healthy* neighbour – I take him shopping on Fridays.
- 3 Some *factors* / *diseases* affect children more than adults.
- 4 Young people today don't have a good *lifestyle* / *diet*, they eat too much fast food.

2 Complete the table with words from the text.

noun	adjective	verb
gene	1 _____	–
health	2 _____	–
3 _____	ill	–
investigation	–	4 _____
5 _____	–	live
6 _____	lucky	–
protection	–	7 _____
8 _____	–	research

3 Complete the sentences with words from the table in Exercise 2.

- 1 My grandparents are elderly but they are very _____ – they never go to the doctors.
- 2 I want to _____ until I'm at least 90 years old.
- 3 When I was a child, I had the typical _____, but now I'm never ill.
- 4 Good _____ with your exam tomorrow!
- 5 The university department does interesting _____ into the problems of old age.
- 6 Scientists think that diabetes has a _____ cause.

Grammar practice

4 Read the sentences from the article. Are they about a routine (R), a general fact (F), or something happening at the moment (M).

- 1 Scientists are studying genes that could mean long life for us all. _____
- 2 I eat a little bit of everything. _____
- 3 These people don't grow very tall – just over one metre. _____
- 4 In Europe, women live longer than men. _____
- 5 But these days they are also looking at genetic factors. _____
- 6 I never smoke. _____

5 Write the correct form of the verb. The letter in brackets tells you if the sentence is about a routine (R), a general fact (F), or something happening at the moment (M).

- 1 I _____ to the doctor's about once a year. **go** (R)
- 2 My brother _____ medicine because he can't sleep. **take** (M)
- 3 In our family, we never _____ fast food. **eat** (R)
- 4 A lot of people _____ on the train or bus to work. **study** (F)
- 5 My grandparents _____ with us for a few weeks. **live** (M)
- 6 In most countries, more men than women _____. **smoke** (F)