



Do you find that, as you get older,  
your memory is getting less reliable  
than it used to be?

Do you want to remember things better and  
for longer?

Try our five-day starter course and your memory will immediately be more efficient. With each exercise your memory will get stronger and stronger until you find that you can think more clearly, study harder and work more efficiently than ever before.

**MEMORY**  
TRAINING COURSES

## Presentation

Use the comparative form ...

- to make comparisons: *This course is **better than** the last one.*
- to describe the results of a change: *Your memory will be **more efficient** (than it was before).*
- to describe how something is in the process of changing: *Your memory is **getting less reliable**.*

## Adjectives

To form comparative adjectives, use *-er* or *more / less*.

Short adjectives (one syllable or two syllables ending in -y)	Long adjectives (two syllables or more)
adjective + <i>-er</i> <i>old</i> → <i>older</i> , <i>easy</i> → <i>easier</i> , <i>big</i> → <i>bigger</i>	<i>more / less</i> + adjective <i>efficient</i> → <i>more efficient / less efficient</i>

Some adjectives have two possible comparative forms: *more quiet / quieter*, *more gentle / gentler*

Some adjectives are irregular: *good* → *better*, *bad* → *worse*, *far* → *further*

The spelling sometimes changes when we add *-er*: *big* → *bigger*, *silly* → *sillier*

See page 233: Spelling rules

## Adverbs

Form comparative adverbs in the same way as comparative adjectives, using *-er* or *more / less*.

Short adverbs (one syllable)	Long adverbs (two syllables or more)
adverb + <i>-er</i> <i>hard</i> → <i>harder</i> , <i>fast</i> → <i>faster</i>	<i>more / less</i> + adverb <i>efficiently</i> → <i>more efficiently / less efficiently</i>

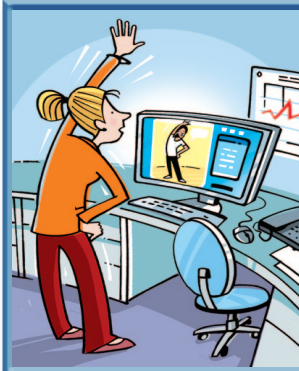
Some adverbs are irregular : *well* → *better*, *badly* → *worse*

## than

Use the preposition *than* to link the two objects, people or situations that you are comparing:

*My memory is less reliable **than** it used to be.*

- 1 Complete the text with the correct comparative form of the adjectives and adverbs. Use -er, more or less.**



Do you find that you're getting  
<sup>1</sup> \_\_\_\_\_ (busy) every day? You're  
 working <sup>2</sup> \_\_\_\_\_ (hard) than ever, but  
 you're getting <sup>3</sup> \_\_\_\_\_  
 (efficient)? You've never got time to  
 get to the gym and you're getting  
<sup>4</sup> \_\_\_\_\_ (fat) and <sup>5</sup> \_\_\_\_\_  
 (slow)? Then try our new, improved

Desk Top Aerobics. The new version is  
 guaranteed to make you <sup>6</sup> \_\_\_\_\_ (fit)  
 and <sup>7</sup> \_\_\_\_\_ (healthy). It'll help  
 you feel <sup>8</sup> \_\_\_\_\_ (stressed).  
 It'll help you work <sup>9</sup> \_\_\_\_\_  
 (quickly) and <sup>10</sup> \_\_\_\_\_  
 (efficiently). You'll love it. Your boss'll  
 love it. Start now!

- 2 Complete the texts using the comparative form of the adjectives and adverbs in the boxes. Then listen and check.**

good grey long stressed



I hate my job! I'm working  
<sup>1</sup> \_\_\_\_\_ hours  
 than ever and the wages aren't  
 getting any <sup>2</sup> \_\_\_\_\_.  
 I'm <sup>3</sup> \_\_\_\_\_ than  
 I've ever been before. My hair's  
 getting <sup>4</sup> \_\_\_\_\_ by  
 the day! I don't think I can take it  
 anymore!

happy healthily short stressed



I love my new life. I can relax now  
 so I'm <sup>5</sup> \_\_\_\_\_  
 than before. I'm working  
<sup>6</sup> \_\_\_\_\_ hours. I'm  
 eating <sup>7</sup> \_\_\_\_\_.  
 I'm <sup>8</sup> \_\_\_\_\_ and  
 enjoying life more than I ever have  
 before.

- 3 Write sentences that give your opinion. Use a comparative form using -er, more or less.**

- |  |   |
|--|---|
| 1 pizza / ice-cream (tasty)                      | I think <u>ice-cream is tastier than pizza.</u> |
| 2 work / studying (stressful)                    | I think _____                                   |
| 3 listening to music / doing sport (relaxing)    | I think _____                                   |
| 4 travelling by car / travelling by train (fast) | I think _____                                   |
| 5 dancers / golfers (fit)                        | I think _____                                   |
| 6 teachers / lawyers (work hard)                 | I think _____                                   |

- 4 Complete these sentences so that they are true for you.**

- I am less \_\_\_\_\_ than I was five years ago.
- I think \_\_\_\_\_ is more important than \_\_\_\_\_.
- \_\_\_\_\_ is easier than \_\_\_\_\_.
- \_\_\_\_\_ is better for you than \_\_\_\_\_.
- I'd like to be more / less \_\_\_\_\_ than I am at the moment.