

Reading comprehension

Read the article and choose the correct option.

1 What do scientists investigate to try and understand long life?

- a people's lifestyles and where they live
- b genetic factors and environmental factors
- c people's diet and what kind of activities they do

2 What do diabetes, heart problems and high blood pressure have in common?

- a They are common illnesses in old age.
- b Scientists can learn a lot about age when they study these illnesses.
- c People in Ecuador don't suffer from these illnesses.

3 What do some people from Ecuador and Okinawa have in common?

- a They have diabetes.
- b They have a genetic syndrome.
- c They live long healthy lives.

Read the article again and choose the correct option.

4 According to the article, ...

- a scientists are investigating people who are 120 years old.
- b scientific advances mean we will all live to at least 100 years.
- c scientists have found genes that might influence how long we live.

5 The 'wellderly' are ...

- a over 100 years old.
- b over 80 years old.
- c elderly people with health problems.

6 According to the article, ...

- a some places have an unusual number of very old people.
- b Italy and Japan are very healthy places to live.
- c people who live in small villages live longer.

7 The typical reason people give for their long life is:

- a diet
- b a secret
- c there are many different reasons

8 Laron syndrome ...

- a is a problem for people with diabetes.
- b is only found in Ecuador and Hawaii.
- c is the result of a genetic condition.

9 Laron syndrome shows scientists that ...

- a some people don't grow tall.
- b there is a genetic reason for old age.
- c some conditions only affect men.

10 Scientists think that ... a healthy old age.

- a different factors lead to
- b more European men than women live to
- c in the past, more people lived to