

Reading comprehension

- 1 b
- 2 a
- 3 c
- 4 c
- 5 b
- 6 c
- 7 a
- 8 a
- 9 b
- 10 a

Vocabulary practice

1

- 1 family tree
- 2 inhabitants
- 3 lifestyles
- 4 medicine
- 5 factor
- 6 healthy

2

- disease – illness
- look at – investigate
- scientist – researcher
- people – individuals
- elderly – long-lived

3 possible answers

- 1 diseases / illnesses
- 2 elderly / long-lived
- 3 researchers / scientists
- 4 investigate / look at
- 5 individuals / people

Grammar practice

5

- 1 Some older people have diseases such as high blood pressure.
- 2 My favourite holiday destinations include places like Italy.
- 3 Some people have travelled a lot in their lives. When I meet people like this, I ask them lots of questions.
- 4 To understand the disease, doctors have looked at things such as diet and lifestyle.
- 5 The university has great teachers. One such teacher is Freda Watson.
- 6 I have a very healthy lifestyle. For example, I get lots of exercise.