

Read the article and choose the correct option.

1 Research into long life ...

- a looks mainly at the influence of lifestyle.
- b has changed its focus in recent years.
- c suggests that luck is the key factor in reaching old age.

2 The important factors in long life ...

- a are mainly to do with people's daily habits.
- b include a person's genetic makeup.
- c seem to be connected to where people live.

Read the article again and choose the correct option.

3 According to the article, ...

- a people have been reaching the age of 100 for decades.
- b there are very few people over 80 who are healthy.
- c people could live to be 120 in the future.

4 According to the article, ...

- a the number of healthy old people is growing.
- b certain illnesses such as high blood pressure need no medication.
- c chronic diseases are not to be expected in elderly people.

5 In certain parts of Italy and Japan ...

- a the majority of elderly people are not in good health.
- b about eight percent of people are over 100.
- c healthy elderly inhabitants are the norm.

6 Research in Italy and Japan has shown that ...

- a old people tend to believe their age is due to what they eat.
- b most people can't explain what the secret to long life is.
- c there are many different factors influencing old age.

7 Some researchers ...

- a think that they've found a gene responsible for old age.
- b have linked people's lifestyle to their genes.
- c doubt that diet is the key to old age.

8 Laron syndrome is a genetic condition which ...

- a affects people in a number of ways.
- b only affects groups in Ecuador and Hawaii.
- c affects everyone in a family.

9 Laron syndrome is interesting to scientists because ...

- a it explains why some people don't grow tall.
- b it shows that there is a genetic reason for old age.
- c it only affects men.

10 Research into families in Calabria ...

- a doesn't support the idea of a genetic basis for old age.
- b found that more women lived to old age than men.
- c showed unexpected old age patterns.