**1 Opener Page 9 AUDIOSCRIPT**

Pre-Intermediate Student’s Book

Life

1.1

People sometimes think Mary and Gerald are married but in fact they’re just good friends. They have known each other for forty years because they regularly go ballroom dancing. Every week they meet and practise dancing. Mary Hall is eighty-five years old and Gerald Kavanagh is eighty. So, after all these years, why do they dance? Probably because it’s good for their health for two reasons. It’s good physical exercise, but dancing is also about learning new movements so it’s good for your mental health as well. Dancing is one good reason for their long and happy life.