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Pre-Intermediate Student’s Book

Life

Slow food

**00.00–00.20** Chianti is a region in Italy. It’s between the famous cities of Florence and Siena. It’s famous for its beautiful countryside and its vineyards.

**00.20–00.48** In Chianti, there is a town called Greve. It has a population of 4,000 people, and it’s the centre of traditional products from the region. There are local products like mushrooms and cheese. Greve is a place with tradition. A place where time is slower.

**00.48–00.59** **Mayor** Our aim is to keep Greve the same. We want to keep Greve and all the other slow cities special.

**00.59–01.17** The mayor of Greve and mayors from three other Italian cities started the Slow Cities League. The purpose of the Slow Cities League is to stop their home towns from becoming fast cities. That’s why the Slow Food movement began.

**01.17–01.34** The idea is simple. They want a good life with good food, family and friends. Now the Slow Food movement is an international movement. It has more than 66,000 members worldwide.

**01.34–01.53** **Greve resident** It’s very nice to live here because we have a nice atmosphere, we have nice landscapes … and so, when you have nice things to see, a nice place to live in, it’s very easy.

**01.53–02.06** Salvatore Toscano lives in Greve. In the past he ran an American-style restaurant in Florence. All day, he served fast food, like burgers.

**02.06–02.14** Five years ago he moved to Greve, and he opened a new restaurant.

**02.14–02.22 Salvatore** It’s about taking more time, so you are more calm and relaxed. This means you also have to think about what you eat.

**02.22–02.39** In the mountains of Pistoia, in northern Tuscany, farmers produce pecorino cheese.

Life

**02.39–02.52** They make it with the milk of black sheep twice a day.

**02.52–03.06** This traditional food was dying out. But the Slow Food movement helped the farmers. Now the cheese is popular again.

**03.06–03.18** **Cheese maker** Not everyone knows about our product, but now the Slow Food movement means people know about us.

**03.18–03.38 Farmer** From Singapore to Macau, in New York, in Rome, you always find the same pizza, the same hamburgers. Slow Food doesn’t want this. Slow Food wants the specialness of every product to be respected.

**03.38–end** The city of Greve does not want to leave the modern world, but it wants to enjoy itself … slowly.