

Vocabulary practice

1 Complete the sentences using the correct form of these words.

achievement	benefit	harmful	medication	restrict	unreliable
-------------	---------	---------	------------	----------	------------

- 1 Tobacco is full of _____ substances that cause disease.
- 2 Giving up smoking is a real _____ that people can be proud of.
- 3 When taking _____, you should follow your doctor's instructions carefully.
- 4 Our local hospital _____ visitors to one person for each patient.
- 5 Protecting the environment _____ everyone.
- 6 Dave is an _____ employee. He takes too many days off.

2 Match a noun from the box to each adjective to form collocations.

achievement	age	condition	diseases	factors
factors	life	process	result	studies

- 1 aging _____
- 2 chronic _____
- 3 environmental _____
- 4 genetic _____
- 5 genetic _____
- 6 impossible _____
- 7 long _____
- 8 old _____
- 9 scientific _____
- 10 surprising _____

3 Match each example to one of the collocations in Exercise 2.

- 1 arthritis
- 2 getting wrinkles around your eyes
- 3 investigations into new medicines
- 4 passing an exam without studying very much
- 5 reaching your hundredth birthday
- 6 running three marathons in one day

Grammar practice

4 Find these adverbs in the article.

always	apparently	completely	exactly
invariably	particularly	ultimately	

5 Rewrite the sentence with the adverb in the correct position.

- 1 the latest research on diabetes is really promising. **apparently**

- 2 when I am ill, I do what the doctor tells me. **always**

- 3 can you tell me what the problem is? **exactly**

- 4 we do want to live a long time, but, we want to be healthy. **ultimately**

- 5 we've met some elderly people who lead active lives. **particularly**

- 6 I agree with your point of view on smoking. **completely**

- 7 we try to go to the gym every day, but things get in the way. **invariably**
